

THE BEACON

Sunrise Presbyterian Church

August 2024 Newsletter

SUNRISE CHURCH PRESENTS

parents
night out

AUGUST 16, 5:30 - 8:30

JOIN US FOR

CRAFTS, GAMES,
DINNER, & MORE!

*go to the Events page at
oursunrise.org to sign up*

FREE & PUBLIC EVENT

“Practical Optimism”

In her recently published book, *Practical Optimism*, Dr. Sue Varma offers a vision for what she terms, *Exceptional Well-Being*. As the medical director and attending psychiatrist of the World Trade Center Medical Health Program following September 11, 2001, she saw the stress and trauma created by this horrific tragedy. She also witnessed the full spectrum of responses from *devastation and stagnation to remarkable resilience and growth*. Her work with first-responders and survivors led her to develop this approach to optimism that is firmly grounded in reality. Her work highlights how practical optimism goes beyond a positive outlook, and she seeks to help those that are not natural-born optimist to benefit from the practical application of the optimistic mindset to ones life.

Chapter one opens with a quote that distills practical optimism:

*The pessimist complains about the wind;
the optimist expects it to change;
the realist (Practical Optimist) adjusts the sails.* [Adapted from William Arthur Ward]

Varma draws a clear distinction between an optimistic viewpoint and an optimistic lifestyle. She sees the optimistic lifestyle as being proactive, making a positive difference in ones own life and the lives of others. At the root of her perspective is that elusive characteristic, *resilience*. The goal of each of her chapters is to give positive, productive advice that anyone can choose to adopt and employ.

The Apostle Paul in his letter to the church in Rome speaks to an optimism that does not deny the harsh reality of the world, but recognizes the powerful hand of God in the midst of all of life's challenges. The passage is so familiar that we tend to miss its profoundly optimistic perspective.

³⁵Who will separate us from the love of Christ? Will hardship, or distress, or persecution, or famine, or nakedness, or peril, or sword? ³⁷No, in all these things we are more than conquerors through him who loved us. ³⁸For I am convinced that neither death, nor life, nor angels, nor principalities, nor things present, nor things to come, nor powers, ³⁹nor height, nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord. (Romans 8:35, 37-39)

Throughout the generations, the church has met the challenges of an ever-changing world. Our congregation has experienced the dramatic challenges of the last few years and is on the threshold of a new chapter. We are blessed with a number of families with children and young people. The Family Service has grown to be a strong ministry at Sunrise. We now have eleven Middle School youth and are launching a Middle School Youth Program with a new leader who will be introduced to you in the coming month. Our Senior High youth are beginning a new chapter under the inspirational leadership of Vic Apat.

As we move into the fall, we will be celebrating all of the exciting new programs and activities at Sunrise. There truly is something for everyone at Sunrise!

In God's grace,



BACK TO SCHOOL

SAT
AUG
10th
11-1pm

Block Party

FEATURING:

- BACKPACKS*
- GAMES
- PRIZES
- FOOD
- SUPPLIES*
- AND MORE!

In Partnership with:



PERRY-WEBB
COMMUNITY CENTER
3200 APPLETON AVE.



***CHILDREN MUST BE PRESENT
TO RECEIVE SCHOOL SUPPLIES**



Thank you all for your generous donations to Neighbor's Together Back To School drive. You are invited to participate in the Block Party August 10th from 11-1 pm.

Sign up to help Hands of Christ's initiative by volunteering to help out at one of the distribution sites. We encourage you to get together and sign up to go as a team at either Zion Olivet or Second Presbyterian Churches.

Fri. Aug 2 Zion-Olivet 3347 Rivers Ave, North Charleston 4 PM - 6 PM

Sat. Aug 3 Zion-Olivet 3347 Rivers Ave, North Charleston 10 AM - 12 noon

Sat. Aug 3 Second Presbyterian, 342 Meeting St, Downtown Charleston 10 AM - 1 PM





Thank you for your generous contribution to the
Remembrance Garden...

- ~ *Roberta Blanchard and René Severns in memory of
Dick Blanchard and Bill Dawson*
- ~ *Roberta Blanchard and René Severns in memory of
Ernest Thomas*

Sunrise Columbarium and Memorial Garden Update

Sneak preview! Click on the link below to view the conceptual plan for the columbarium and garden. The garden will be located on the Jasper Boulevard side of the church overlooking the marsh. The columbarium will have two sizes of niches. The 8"x8" niches will hold up to two urns. The 12"x 12" niche will hold up to four urns. The Memorial Wall will have spaces for inscriptions of those who are inurned or buried elsewhere.

Soon there will be an announcement in worship about the Columbarium and Memorial Garden. There will be Columbarium Open House in the Fellowship Hall after worship. The open house will be an opportunity to learn more about the columbarium and garden, and how to purchase a niche or Memorial Wall inscription. The date of the announcement and the first open house will be determined as soon as possible.

We look forward to sharing updates about the project. Contact Ida Havelka, Columbarium Committee Chair, at ihavelka@comcast.net or at 843-412-1884 for more information.

<https://youtu.be/5WZbNmjjvA8>

ECCO Grocery Bag Sunday

The Grocery Bag Sunday program is a cooperative effort between ECCO and local churches. Our July Grocery Bag Sunday food drive yielded 241 pounds of donations! ECCO thanks you and is appreciative of your efforts and generosity.

August at Sunrise

Growing FAITH

Growing Faith will begin meeting again on August 18th at 9am in the upstairs classroom. Please feel free to share this message with any older elementary & middle school students (4th - 8th grade) you know who might be interested in joining. I look forward to taking faith to the next level with your children! ~ Reece

The Adult Sunday School class has begun a new study of the Bible. Its purpose and design is to connect the many familiar stories and people of the Bible. We tend to read the Bible in small segments and lose the larger picture of God's activity across the generations. Part of the study will be appreciating the literature and historical context of the Biblical story from Genesis through Revelation. The Adult Sunday school class meets each week in the Church Library at 9:00 a.m. There is a Zoom option. ~ Vance

The Miriam-Naomi Circle is taking a summer break and will resume September 10th with a new study. We welcome new participants in the Circle. After we meet, those of us who are able to do so usually regroup for lunch at a nearby restaurant. If you have any questions or if you would like to be added to our mailing list, please call Patsy Hindman at (843) 906-8653.



The Women's Evening Bible Study will continue their study August 20th at 5:30 pm using *Journaling the Psalms: A Guide for Reflection and Prayer* by Paula Gooder. New participants are always welcome.

Cents-Ability is collected the 2nd Sunday of each month. Thanks to you, donations have been made to Neighbors Together, East Cooper Meals on Wheels, and East Cooper Community Outreach. Please continue to give at least two cents per person per meal in the bowl in the Narthex. This simple act is an expression of thanksgiving for what we have received.



Start off your Tuesdays with the Jerry Dillon Men's Prayer Breakfast at 7:30 am in the Fellowship Hall. Start the day off right with great food, fellowship, and a devotion.

AUGUST

birthdays

- | | | | |
|----|------------------|----|---------------------|
| 4 | Alice Petzold | 17 | Chip Law |
| 5 | Michele Smith | 20 | Betty Jane Dillon |
| 7 | Olivia Floyd | 22 | Marion Neese |
| 7 | Bill Rayburn | 23 | Evan Bell |
| 8 | Zach Champagne | 23 | Andrew Chasman |
| 9 | Noah Parker | 24 | Maryellen Bonheimer |
| 10 | Lisa Dykes | 26 | Jay Nelson |
| 11 | Cal McRae | 26 | Jim Smith |
| 11 | Heather Goforth | 27 | Bob Havelka |
| 13 | MaryAnne Crocker | 27 | Vivian Hauff |
| 14 | Debbie Polley | 28 | Jenna Hill |
| 14 | Gloria Clarke | 31 | Rachel Clark |
| 14 | Maya Naylor | | |
| 15 | Sawyer Webb | | |

August 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28 8:45am - Choir Practice 9am - Adult Sunday School 9am - Fellowship (Fellowship) 10am - Family Service 10am - Worship Service	29 5:30pm - Agape Do Karate	30 7:30am - Men's Breakfast	31 10am - AA Meeting	1 5:30pm - Agape Do Karate	2 11am - Bridge - Fellowship	3 1pm - Tim Kane Memorial
4 Communion 8:45am - Choir Practice 9am - Adult Sunday School 9am - Fellowship (Fellowship) 10am - Family Service 10am - Worship Service	5 1:30pm - Music Lessons 5:30pm - Agape Do Karate	6 7:30am - Men's Breakfast	7 10am - AA Meeting	8 5:30pm - Agape Do Karate	9 11am - Bridge - Fellowship	10
11 Cents-Ability 8:45am - Choir Practice 9am - Adult Sunday School 9am - Fellowship (Fellowship) 10am - Family Service 10am - Worship Service	12 1:30pm - Music Lessons 5:30pm - Agape Do Karate	13 7:30am - Men's Breakfast	14 10am - AA Meeting	15 5:30pm - Agape Do Karate	16 11am - Bridge - Fellowship	17
18 8:45am - Choir Practice 9am - Adult Sunday School 9am - Fellowship (Fellowship) 9am - Growing Faith - Family 10am - Family Service 10am - Worship Service	19 1:30pm - Music Lessons 6:30pm - Veritas Parent	20 7:30am - Men's Breakfast 5:30pm - Women's Evening	21 10am - AA Meeting	22 5:30pm - Agape Do Karate	23 11am - Bridge - Fellowship	24
25 8:45am - Choir Practice 9am - Adult Sunday School 9am - Fellowship (Fellowship) 10am - Family Service 10am - Worship Service	26 9am - Veritas 1:30pm - Music Lessons 5:30pm - Agape Do Karate	27 7:30am - Men's Breakfast	28 10am - AA Meeting	29 9am - Veritas 5:30pm - Agape Do Karate	30 11am - Bridge - Fellowship	31

Church Office Hours:
8:00 a.m. - 12:00 p.m.
Monday through Friday

Phone: (843) 883-3888
www.oursunrise.org

Sunrise Staff

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